

# Level 2 Counselling Skills

The qualification is for anyone who would like to develop their use of counselling skills for use in either work or in a personal capacity. These may be learners who wish to progress towards further qualifications, or learners who wish to study this programme in order to complement other programmes. (e.g. health and social care; children's care, learning and development; voluntary and community work).

**\*This course is FREE to complete if you meet all eligibility criteria for funding\***



## What you will learn?

- How to identify and practice a range of skills used in counselling skills interaction
- Learners will be introduced to key elements of the main theoretical approaches to counselling
- Understand the concepts of diversity and ethics and their importance in the use of counselling skills
- Opportunity to reflect on personal and future development and sources of support
- Explore the skills and tools required by a mentor, including communication, questioning and feedback
- Investigate the role and benefits of mentoring and be able to identify how a mentoring agreement works
- Demonstrate mentoring skills and techniques by carrying out a mentoring meeting while being observed
- Understanding of how mentors are managed and supported



## What you will get?

**Accredited Certification**

*Level 2 Counselling Skills*

### Enrolment:

Friday 1st March 2024  
9.30am-12.30pm

### Start Date:

Friday 8th March 2024  
9.30am-2.30pm

**4 Sessions Every Friday**

### Location:

Northwich Work Zone  
Waterside House, Navigation Road,  
Northwich CW8 1BE

**To book on to this course or if you have any questions please contact the  
Work Zone Team by either phone call or text: 07766 205389**